PRESSURE ULCER MANAGEMENT-
ADDRESSING THE EXTRINSIC RISKS
TRICIA HENLEY, MPT, ATP
The ROHO Group

There are many variables to consider when choosing a wheelchair seating system, particularly cushions, which are critical to a client’s skin integrity. When determining what wheelchair cushion will meet a specific client’s needs, one must consider the general goals of the seating system, along with the client’s individual risk factors. There are many intrinsic and extrinsic risk factors for pressure ulcer prevention and treatment that must be evaluated for each client to maximize their functional potential and minimize their risk for pressure ulcers. The prescribing clinician or equipment supplier must not only identify the risk factors for each client, but also develop strategies to manage the risks. Discussions in this interactive presentation will revolve around identifying each of the extrinsic risk factors for pressure ulcers and discussing multiple ways to manage each risk factor; ranging from correction of postural asymmetries, product/accessory selection and implementation, and client education. Clinical Practice Guideline resources and their specific recommendations for prevention and treatment of pressure ulcers as they relate to support surfaces will also be identified and discussed.

In this interactive presentation, discussions will revolve around the goals of a proper seating system and how it can lessen a client’s risk for pressure ulcer formation. The intrinsic and extrinsic risk factors commonly associated with pressure ulcers will be discussed along with strategies to minimize the risks. Clinical practice guidelines for pressure ulcer prevention and treatment will also be reviewed.

References


**Speaker Bio**

Tricia Henley, MPT, ATP is currently the Clinical Applications Manager for The ROHO Group. Ms. Henley has an extensive background in SCI rehab and seating, and now travels speaking on topics such as wheelchair seating, pressure imaging, and wound prevention at local facilities and various conferences.